A Rare Case of Cockayne Syndrome-MRI Features

ABSTRACT
The Cockayne Syndrome is a rare syndrome of congenital origin which is characterized by growth retardation, facial dysmorphism, facial naevi, retinopathy and mental retardation, which are associated with the changes in the brain parenchyma. The findings of MRI of the brain support the clinical diagnosis of the Cockayne Syndrome. We would like to highlight the MRI findings of this rare syndrome.

CASE REPORT
A 17 year old male presented with facial dysmorphism, seizures, mental retardation, hyperpigmentation of the skin which is over the face and neck, bilateral congenital talipes equinovarus deformity of the feet and photophobia.

Audiometry and fundoscopic examinations revealed moderate sensory neural hearing loss and atypical retinitis pigmentosa. Then, the patient was subjected to an MRI study. The MRI of the brain, without a contrast study, showed generalized severe cerebral and cerebellar atrophies with widened sulci and an enlarged fourth ventricle, soft calcification of the bilateral basal ganglia and thinning of the brain stem, which are the classical features of Cockayne Syndrome. The MRI and the classical clinical features helped in arriving at the diagnosis of the Cockayne Syndrome [Table/Fig-1,2 & 3].

DISCUSSION
The Cockayne Syndrome which is transmitted as an autosomal recessive trait, is a DNA repair – deficient disorder and it consists of abnormal ultra violet hyper sensitivity, retinitis pigmentosa, premature aging, dwarfism, microcephaly, deafness and progressive encephalopathy [1-3].

The Cockayne Syndrome is a rare condition with less than 40 cases in the world literature. This syndrome often goes undetected in infancy, during which the growth and development are normal. The progressive degeneration is manifested by the second or the third year of life. Most of the survivors live upto the fourth decade. The male to female ratio is 3:1. The neuropathologic changes include neuronal and myelin loss with deposits of calcium and iron in the vessels in the cerebellum, the basal ganglia and the cerebrum. The most common neurological manifestation is mental retardation, and the other classical features include retinitis pigmentosa and photosensitive retinitis. The previously reported radiological findings of the Cockayne Syndrome include atrophy of the brain stem, cerebellum and the cerebrum, and the high signal intensity of the cerebral white matter on T2 weighted images, which reflects demyelination [4-8]. Calcification of the dentate nucleus of the cerebellum and the basal ganglia has also been documented.

Key Words: Cockayne syndrome, Radiology, Brain
The pathogenesis of the Cockayne Syndrome is unknown. Its diagnosis is based on the clinical diagnostic criteria and it may be supported by the demonstration of the intracranial calcification. The calcification of the basal ganglia and the subcortical white matter may be detected on CT as early as 3 years of age. The few detailed neuropathological studies which have been done, have shown calcification in the basal ganglia, with a variable degree of cerebral and cerebellar calcifications and cerebellar atrophy and white matter atrophy, with a patchy demyelination [9].

MRI is a sensitive tool which can demonstrate the white matter disease. MRI demonstrated results which were compatible with the diffuse hypomyelination of the cerebral white matter.

The MRI in our patient showed diffuse white matter atrophy with no demyelination. From our observations, it was not possible to differentiate the Cockayne Syndrome from the other white matter diseases in the absence of the intraparenchymal brain calcifications. In the appropriate clinical context, the MRI features like hypomyelination, supratentorial white matter loss, cerebellar atrophy or hypoplasia, and bilateral basal ganglia calcifications are an important adjunct for supporting the diagnosis of the Cockayne Syndrome.

CONCLUSION
Hypomyelination, supratentorial white matter loss, cerebellar atrophy or hypoplasia, and bilateral basal ganglia calcifications are the most typical features in the Cockayne Syndrome, which are often associated with the cortical calcifications in the early-onset types of the disease. These features can help in differentiating the Cockayne Syndrome from other leukodystrophies.

REFERENCES